

Camper/Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Immunization History:** Provide the month and year for each immunization. Starred (\*) immunizations must include date to meet ACA standards. Copies of immunization forms from health-care providers or state or local government are acceptable; please attach to this form.

Immunization	Dose 1 Month/Year	Dose 2 Month/Year	Dose 3 Month/Year	Dose 4 Month/Year	Dose 5 Month/Year	Most Recent Dose Month/Year
Diphtheria, tetanus, pertussis (DTap) or (Tdap)						
Tetanus booster* (dT) or (Tdap)						
Mumps, measles, rubella (MMR)						
Polio (IPV)						
Haemophilus influenza type B (HIB)						
Pneumococcal (PCV)						
Hepatitis B						
Hepatitis A						
Varicella (chicken pox) <input type="checkbox"/> Had chickenpox Date: _____						
Meningococcal meningitis (MCV4)						
SARS-COV-2 (COVID-19) Manufacturer: _____						

Tuberculosis (TB) test      Date: \_\_\_\_\_       Negative       Positive

**Medication** (any substance a person takes to maintain and/or improve their health. This includes vitamins & remedies.)

- This camper will not take any daily medications while attending camp.
- This camper will take the following daily medication(s) while at camp:

**Please review the instructions about required packaging/containers. Please be sure enough medication is provided to last the entire time the camper/client will be at the camp.**

Name of medication	Reason for taking it	When it is given	Amount or dose given	How it is given
		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> Other time(s): _____		
		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> Other time(s): _____		
		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> Other time(s): _____		
		<input type="checkbox"/> Breakfast <input type="checkbox"/> Lunch <input type="checkbox"/> Dinner <input type="checkbox"/> Bedtime <input type="checkbox"/> Other time(s): _____		

The following non-prescription medications may be stocked in the camp Health Center and are used on an as needed basis to manage illness and injury. **Cross out those the camper should not be given.**

Acetaminophen (Tylenol)  
 Phenylephrine decongestant (Sudafed PE)  
 Antihistamine/allergy medicine  
 Diphenhydramine antihistamine/allergy medicine (Benadryl)  
 Sore throat spray  
 Lice shampoo or cream (Nix or Elimite)  
 Calamine lotion  
 Laxatives for constipation (Ex-Lax)

Ibuprofen (Advil, Motrin)  
 Pseudoephedrine decongestant (Sudafed)  
 Guaifenesin cough syrup (Robitussin)  
 Dextromethorphan cough syrup (Robitussin DM)  
 Generic cough drops  
 Antibiotic cream  
 Aloe  
 Bismuth subsalicylate for diarrhea (Kaopectate, Pepto-Bismol)

**RISING TREETOPS AT OAKHURST**

111 Monmouth Road, Oakhurst, NJ 07755 \* Tel. 732 531-0215 \* Fax. 732 531-0292

**ANNUAL PHYSICAL EXAM 20\_\_\_\_\_**

Camper/Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Camper/Client Home Address \_\_\_\_\_ Height \_\_\_\_\_ ft \_\_\_\_\_ in

\_\_\_\_\_ Weight \_\_\_\_\_ lbs

Parent/Guardian(s) phone: \_\_\_\_\_ Blood Pressure \_\_\_\_\_ / \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_

Skin:
Head/Neck/Thyroid:
Nose/Throat:
Eyes/Vision:
Corrective Lenses:      Yes      No
Ears/Hearing:
Hearing Aids:      Yes      No
Dentition:
Dentures:      Yes      No
Neuro/Behavioral:
Seizures:      Yes      No
Cardiac:
EKG Abnormalities:
Pulmonary:
Abdomen/GI:
Renal/Urinary:
Shunt Present:      Yes      No
Date of last revision: _____
Back/Spine/Extremities:

<b>DIETARY GUIDELINES/RESTRICTIONS:</b>
FOOD CONSISTENCY: Whole      1"pieces
1/2" pieces      1/4" pieces      Ground
Puree      Softened foods
LIQUID CONSISTENCY: Thin      Nectar/Syrup
Honey      Pudding
<b>ALLERGY HISTORY:</b>
Medications: _____
_____
Foods: _____
_____
Environmental: _____
_____
Other: _____
_____
<b>ADAPTIVE EQUIPMENT/SCHEDULE OF USE:</b>
_____
_____
<b>RESTRICTIONS TO NORMAL ACTIVITY (diet, sun, swimming, sports, etc.):</b> _____
_____
_____

(Print or Stamp)	
Physician's Signature _____	Physician's Name _____
Date of Exam _____	Address _____
Phone Number _____	_____

# RISING TREETOPS AT OAKHURST MEDICAL CLEARANCE – 20 \_\_\_\_\_

**Rising Treetops at Oakhurst** provides overnight respite, after school respite, overnight summer camp and summer day camp services at its campus in Monmouth County, NJ. We serve children and adults with special needs, including autism and physical and intellectual disabilities.

## ACCOMODATIONS:

- All cabins and activity areas are wheelchair accessible
- Winterized cabins for use during fall-spring respite season; Window unit air conditioning available over 80° F
- Group living; counselors reside with campers/clients

## TERRAIN

- Paved pathways to access all living/activity areas
- Some uneven ground, slight inclines

## MEDICAL CARE

- Nursing staff on call during fall-spring season; Nurse on site during summer camp
- Health Center is heated/air conditioned
- The closest hospitals are: Monmouth Medical Center, Long Branch, NJ and Jersey Shore Medical Center, Neptune City, NJ – each approximately 10-15 minutes from the camp.

\*\*\*\*\*

It is my opinion that (Camper's/Client's Name) \_\_\_\_\_ D.O.B. \_\_\_\_/\_\_\_\_/\_\_\_\_

**Has no** health condition or concern regarding side effects of currently prescribed medication that requires any activity restriction in our camp setting.

The individual should follow the following Activity Restrictions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Print or Stamp)	
Physician's Signature _____	Physician's Name _____
Date _____	Address _____
Phone Number _____	_____

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As of June 1, 2023, Rising Treetops at Oakhurst requires that *all medications be prepared by a pharmacy according to the specific time(s) medication(s) must be administered.* Single dose pill pouches are preferred but we will also accept blister packaging. We encourage you to locate a pharmacy that will work with you, your doctors, and insurance carrier to make sure our requirements are met. Please start the process at your earliest convenience.

Medical Insurance Information:

- Medicaid: No. \_\_\_\_\_
- Medicare: No. \_\_\_\_\_
- Private Insurance – Insurance Company \_\_\_\_\_ Policy No. \_\_\_\_\_  
 Subscriber \_\_\_\_\_ Insurance Co. Phone \_\_\_\_\_

*\*Include a copy of your insurance card; copy both sides of the card so information is readable.\**

**MEDICAL CONSENT STATEMENT**

Parent/Guardian with legal custody to be contacted in case of illness or injury:

Name: \_\_\_\_\_ Relationship to Camper/Client: \_\_\_\_\_  
 Preferred Phones: (\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Second parent/guardian or other emergency contact:

Name: \_\_\_\_\_ Relationship to Camper/Client: \_\_\_\_\_  
 Preferred Phones: (\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_

Additional contact in the event parent(s)/guardian(s) cannot be reached:

Name: \_\_\_\_\_ Relationship to Camper/Client: \_\_\_\_\_  
 Preferred Phones: (\_\_\_\_\_) \_\_\_\_\_ (\_\_\_\_\_) \_\_\_\_\_

**In case of medical emergency, the person(s) listed above will be notified. However, the Director or an authorized representative is granted permission to arrange for emergency medical treatment should it be required before notification is achieved.**

Signature of Adult Applicant, Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_